

WEEK 1 MENU

13th April, 4th, 25th May, 15th June
6th July, 7th, 28th Sept, 19th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rainbow Stir Fry with Egg Noodles Low-carbon veggie stir fry with egg noodles that is good for you and the planet.</p> <p> </p>	<p>Plant-Power Hot Dog with Wedges Quorn hot dog with oven baked potato wedges.</p> <p></p>	<p>Planet-Friendly Savoury Mince with Golden Roasted Potatoes & Yorkshire Pudding Quorn mince served with roasted potatoes and Yorkshire pudding.</p> <p> </p>	<p>Garden Pasta Bake with Garlic Bread Cheese, tomato, lentil and veggie pasta bake served with garlic infused bread.</p> <p> </p>	<p>Golden Nuggets with Chips & Ketchup Quorn dippers served with chips & tomato ketchup.</p> <p></p>
<p>Hand-Stretched Margherita Pizza with Garlic & Herb Potatoes</p> <p></p>	<p>Hot Dog with Potato Wedges</p> <p></p>	<p>Roast Gammon with Golden Roasted Potatoes, Yorkshire Pudding and Gravy</p> <p></p>	<p>Chinese Chicken with Fluffy Rice Honey and soy chicken served with rice.</p> <p></p>	<p>Battered Fish with Chips & Ketchup</p>
<p>Sweetcorn & Peas</p> <p></p>	<p>Mixed Veggie & Coleslaw</p> <p></p>	<p>Carrots & Cabbage</p> <p></p>	<p>Sweetcorn & Broccoli</p> <p></p>	<p>Peas, Baked Beans & Mushy Peas</p> <p></p>
<p>Vanilla Ice Cream</p>	<p>Vanilla & Peach Sponge</p> <p></p>	<p>Chocolate Shortbread</p> <p></p>	<p>Pear & Berry Sponge with Custard</p> <p></p>	<p>Custard Biscuit</p> <p></p>



Plant Based Jacket Potato. Sandwich of the Day
Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:

- Plant Based
- Vegetarian
- At least 1 of your 5 a day
- Boosted
- Low Carbon
- Halal option available upon request



Feeding Hungry Minds



WEEK 2 MENU

20th April, 11th May, 1st, 22nd June
13th July, 14th Sept, 5th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tangy Chilli Fajita with Fluffy Rice Low-carbon veggie chilli fajita served with rice. 	Happy Bite Burger with Paprika Wedges Quorn burger served with paprika potato wedges. 	Cheesy Puff Power with Golden Roasted Potatoes & Gravy Cheese & tomato puff served with roasted potatoes and gravy. 	Chef's Special Pasta Bolognese with Garlic Bread Low-carbon veggie pasta bolognese served with garlic infused bread. 	Sunny Garden Frittata with Chips Cheese, tomato and red onion frittata served with chips.
Hand-Stretched Margherita Pizza with Tomato Pasta Salad 	Beef Burger with Paprika Wedges 	Roast Chicken with Golden Roasted Potatoes, Yorkshire Pudding & Gravy 	Cheesy Beef Melt with Potato Wedges Beef Sloppy Joe Melt served with potato wedges. 	Fish Fingers with Chips & Ketchup
Sweetcorn & Coleslaw 	Peas & Mixed Salad 	Carrots & Cauliflower 	Roasted Mediterranean Veggies & Green Beans 	Peas, Baked Beans & Mushy Peas
Strawberry Frozen Yoghurt	Apple Crumble with Ice Cream 	Chocolate & Raisin Oat Dream Cookie 	Pineapple Upside Down Cake with Custard 	Chocolate Brownie



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Feeding Hungry Minds

WEEK 3 MENU

27th April. 18th May. 8th, 29th June
20th July. 31st Aug. 21st Sept. 12th Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Planet-Friendly Chinese Rice Low-carbon Chinese vegetable rice.   </p>	<p>Bouncy Beans Wrap with Wedges Cheese and baked beans wrap with potato wedges.  </p>	<p>Green Earth Curry with Fluffy Rice Low-carbon veggie curry with rice.   </p>	<p>Scrumptious Mac & Cheese with Tomato Focaccia Bread </p>	<p>Plant Street Tacos Roasted veggies and bean taco served with chips.  </p>
<p>Hand-Stretched Margherita Pizza with Sweet Potato Wedges </p>	<p>Singapore Chicken Noodles  </p>	<p>Roast Pork with Golden Roasted Potatoes, Yorkshire Pudding & Gravy </p>	<p>Sausage Roll with Potato Wedges </p>	<p>Fish Finger, Chips & Ketchup</p>
<p>Mixed Salad & Sweetcorn </p>	<p>Veggie Medley </p>	<p>Carrots & Broccoli </p>	<p>Sweetcorn & Coleslaw </p>	<p>Peas, Baked Beans & Mushy Peas </p>
<p>Fruit Ice Lolly </p>	<p>Chocolate Fudge Sundae</p>	<p>Lemon Shortbread </p>	<p>Chocolate & Pear Sponge with Chocolate Sauce </p>	<p>Orange Jelly & Mandarins  </p>



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