Future in Mind Mental Health Support Team

NHS
South West Yorkshire Partnership
NHS Foundation Trust

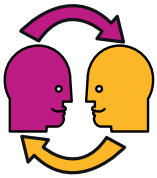
The Future in Mind mental health support team offers early support for mental health and emotional wellbeing for children and young people.

Staff from the team visit all mainstream schools and colleges across the Wakefield district.

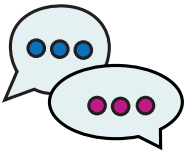
Each school or college has a senior practitioner from our team linked to it.

Schools also have support from an education mental health practitioner who can support children using a cognitive behaviour therapy (CBT) approach to help with things like worry management, low mood, simple phobias and sleep difficulties.

Our support is offered in lots of different ways. This may include:



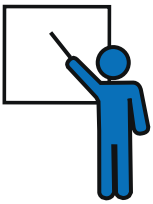
One to one or group work with children/ young people



Discussions with parents or carers



Assemblies and classroom sessions

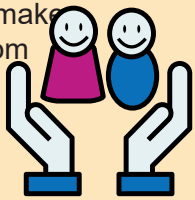


Staff training and support



Parent/carer information sessions and workshops

If school staff feel that your child would benefit from this type of emotional wellbeing support, then they will talk to you and may make a referral to our team. If you feel that your child would benefit from some support around mental health and emotional wellbeing, you can also speak to a member of staff at school such as the class teacher, SENDco, or senior mental health lead and they will get in touch with our team.



If you require a copy of this information in any other format or language please contact the Trust.

With **all of us** in mind.

JOB NO 3488 JUL 23